

Jennifer M. Jackson

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ABOUT ME

Jennifer M. Jackson is originally from Panama City, Florida. From the age of five, she was involved in ministry. She realized that during her time in the military, she had a passion for advocating and helping others.

She is also an Army Veteran who served 26 years as a Logistician and Sexual Assault Response Coordinator (SARC), Inspector General Noncommissioned Officer for the United States Army. She received a National Organizational of Victims Advocate (NOVA) Honorary Award for tireless efforts to advance crime victims' rights. She also serves as a Court Appointed Special Advocate for Louisiana, advocating for foster care children.

She is also a trauma informed-self-discovery coach. I help who are ready to break free from the bondage of traumas in their lives by understanding the forms, effects, and cycles of trauma so they can master their circumstances and regain their life with the confidence to heal, forgive and move on.

She loves sharing her story of forgiveness, redemption, and her battle with depression. She strives to inspire others to grow in their walk with Christ, look beyond their present state, and know they are not their past, and the best is yet to come!



SPEAKING TOPICS

NO MORE SECRETS

Hidden within hearts and even subconscious minds, secrets cast shadows, impacting lives. I share how harboring a secret led to cycles of depression and trauma. Guided by faith and trust in God, I broke free from secrecy's weight. Releasing my secret and embracing forgiveness brought deep healing, restoring my fractured self.

POWER OF FORGIVENESS

Forgiveness wields immense power. Despite others' ill intentions, God's greater purpose can bring comfort. Embracing forgiveness offers transformation, personal healing, and the chance to spread grace. Through forgiveness, we break chains of bitterness, paving the way for love, compassion, and reconciliation, as seen in Genesis 50:20.

INSPIRATION

Jennifer shares her story, realizing her struggle isn't solitary. Once trapped in despair, pain, and resentment, she finds genuine liberation and authenticity through her steadfast connection with Christ. Freed from regret and bondage, she radiates confidence and empowerment. She knows her power can't be taken unless she yields it. Now is your moment to reclaim strength and stride into boundless freedom.

SECRETS - TRIGGERS - DEPRESSION

Secrets, triggers, and depression entwine, trapping individuals in endless cycles of seeking freedom. By embracing God's unwavering love, guidance, and intervention (Jeremiah 31:3), transformation comes, shattering binding chains. Your past doesn't control your future's path. The enemy can't define your purpose. Embrace truth and stride into your destiny boldly.